



```

NAME      XQQ-3-31-1-C13
EXPNO      1
PROCNO     1
Date_      20161126
Time       20.46
INSTRUM    spect
PROBHD     5 mm PABBO BB-
PULPROG    zgpg30
TD         65536
SOLVENT    CDCl3
NS         300
DS         4
SWH        24038.461 Hz
FIDRES     0.366798 Hz
AQ         1.3631988 sec
RG         203
DW         20.800 usec
DE         6.50 usec
TE         293.9 K
D1         2.00000000 sec
D11        0.03000000 sec
TD0        1
  
```

```

===== CHANNEL f1 =====
NUC1       13C
P1         8.50 usec
PL1        -2.00 dB
PL1W       57.32743073 W
SFO1       100.6328888 MHz
  
```

```

===== CHANNEL f2 =====
CPDPRG2    waltz16
NUC2       1H
PCPD2      80.00 usec
PL2        -1.00 dB
PL12       14.26 dB
PL13       14.46 dB
PL2W       13.18669796 W
PL12W      0.39276794 W
PL13W      0.37509048 W
SFO2       400.1716007 MHz
SI         32768
SF         100.6228176 MHz
WDW        EM
SSB        0
LB         1.00 Hz
GB         0
PC         1.40
  
```