



```

NAME          B20109
EXPNO         400
PROCNO        1
Date_         20190830
Time          12.44
INSTRUM       spect
PROBHD        5mm dual

PULPROG       zg30
TD            65536
SOLVENT       CDC13
NS            8
DS            0
SWH           8620.689 Hz
FIDRES        0.131541 Hz
AQ            3.8011379 sec
RG            203
DW            58.000 usec
DE            6.50 usec
TE            300.0 K
D1            1.00000000 sec
TD0           1

===== CHANNEL f1 =====
NUC1          1H
P1            13.22 usec
PL1           -3.00 dB
PL1W          20.99974442 W
SFO1          400.1319006 MHz
SI            32768
SF            400.1300162 MHz
WDW           EM
SSB           0
LB            0.30 Hz
GB            0
PC            1.00
    
```